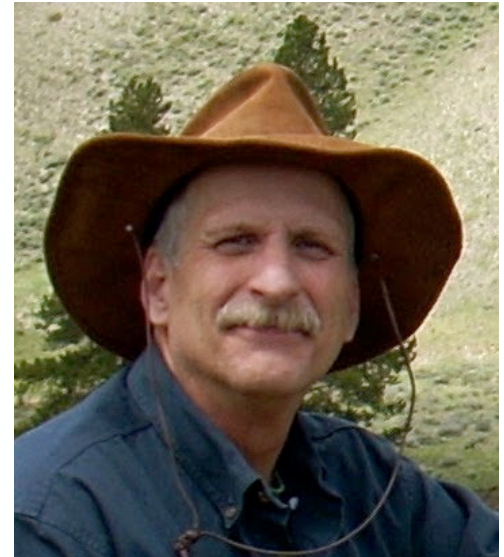




## Co-Lead Trainers



**Janet McCurdy, M.Ed., M.S., LMHC (she/her/hers)** is an Internal Family Systems (IFS) Certified Therapist, an Approved IFS Clinical Consultant and an IFIO Trainer. She has a private practice where she supports both individuals and couples. She has been on the IFIO staff for the past 5 years. She is passionate about supporting therapists in utilizing the IFIO model through trainings and individual and group consultation.

**John Palmer, LCSW (he/him)** has over 25 years experience working with couples and individuals. Certified in Internal Family Systems Therapy and an IFIO Lead Trainer, he is passionate about helping clinicians deepen their IFS/IFIO skills. John brings to his work a deep understanding of neuroscience with a strong focus on the autonomic nervous system as applied to couple relationships and the therapeutic process. He maintains a private practice in Austin, Texas.



## Senior Staff

**Sallie E. Ingle MA LPC-S (she/her/hers)** is an Internal Family Systems (IFS) therapist and teacher in private practice outside Austin, Texas. She and her wife Tammy maintain the Wind Horse Hill retreat center in Spicewood, TX. They specialize in hosting events that focus on healing through the IFS and Intimacy From the Inside Out (IFIO) modalities. “The IFS and IFIO Self-led practice of welcoming parts, listening deeply and reconnecting through corrective experiences has changed my life personally and professionally. It is a pleasure and an honor to learn and teach with others dedicated to this transformational art.”

# IFIO Basic Training IFS Level 2 #1086 In-Person\* Training | Austin

March 7-11 + April 25-29, 2024  
9:00am - 6:30pm US CST - Thurs-Sun  
9:00am - 5:00pm US CST - Mon

## Location

Wind Horse Hill Retreat Center  
Spicewood, TX, 78669

[windhorsehill.com](http://windhorsehill.com)

Located in Texas Hill Country

\*\*45-60 minutes from downtown Austin

## Location, Travel + Accommodation Information

Click link [here](#) for details

## Course Description

This training is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, but includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

## Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

## Course Prerequisite

This course is open to:

- Graduates of Internal Family Systems Level 1
- Practicing Couple/Relationship Therapists or Practitioners

## Continuing Education

72.00 Contact Hours | IFS Level 2

(2 - 15 min breaks + 90 min lunch)

## Tuition Cost: \$3,150

\*includes digital IFIO Basic Training Manual and pre-training content.

## Payment Schedule

\$300 non-refundable/non-transferable deposit upon training acceptance

\$1,425 1st Payment **September 7, 2023**

\$1,425 2nd Payment **December 7, 2023**

*Payments are to be made by or on the aforementioned dates. Locate the training on the [IFIO website](#) and the corresponding Enter Payment portal.*

## Cancellation Policy

All payments, including the deposit, are non-refundable once the due dates above have passed.

## Application Process

- To apply for a spot in the training, complete application [located here](#) or locate on our website [www.toniherbineblank.com](http://www.toniherbineblank.com)
- Application applies for both the in-person training and the online format. You must commit to both formats of the training for your application to be accepted - in the case of the in person dates cancel and move to the online format.\*
- You will receive an email with your application status 4 weeks after submission of your application.
- A \$300 non-refundable deposit will be due within (1) week of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a spot opens up.

## IFIO Scholarships

- We offer partial Training Scholarships centered on BIPOC therapists, people in marginalized communities, or those who work with marginalized clients. Click here to [apply](#).

## Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training.. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY- 0043.

**Counseling:** For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** Application for social work continuing education credits has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

**Marriage-Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 36.00 hours, per segment, of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

**Non U.S. Professionals:** The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

**NOTE:** To receive continuing education credit, applicants must complete all CE materials within 30- days of conclusion of each workshop segment.

**NOTE:** It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.