



Continuing Coach Education (CCE)

Updated 9/27/18

The 2018 IFS Annual Conference is an approved provider of Continuing Coach Education (CCE) by the International Coach Federation (ICF). CCE is awarded on a session-by-session basis with full attendance required for each session attended. Partial session credit is not offered. You must sign into every workshop you attend. Certificates of attendance can be picked up onsite at the IFS Conference and submitted to Sandy@selfleadership.org. You may also contact Sandy Ellis directly after the conference to receive your certificate of attendance with verified hours.

CCE is considered supplemental and advanced education for those wishing to acquire new learning and/or those who are renewing their ICF Credential.

Continuing Coach Education (CCE) units are earned upon completing Continuing Coach Education. CCE units are awarded in two categories:

- **Core Competencies:** Advanced coach training that directly relates to or expands upon the ICF Core Competencies
- **Resource Development:** Training in skills that contribute to a coach's professional development (e.g., personal development, coaching tools or assessments, business building, or other material that falls outside the ICF Core Competencies)

CCE Category	Approved Hours
Core Competencies	17 Hours
Resource Development	4.5 Hours
Total CCEs	21.5 Hours

Please note: 17 is the maximum Core Competency one attendee can earn, but Resource Development will increase depending on what the student actually attends.

All workshops have been approved for either Core Competency or Resource Development. Please reference the specific workshop for more detailed information.

**CCEs are not offered for breakfast, luncheon or dinner events, social/party gatherings, receptions, or networking sessions.*

For more information about ICF: <https://coachfederation.org/>

APPROVED Continuing Coaching Education (CCE) HOURS

	Core Competency	Resource Development Hours
A. Self-Leadership in Schools: Exploring the Integration of IFS for the Whole School Community, <i>Cohen, Curry-Sartori, Nelson, Amaral and Tansi</i>		6.5
B. Helping Clients and Clinicians Use Expressive Modalities to be Self-Led, <i>Ferentz</i>	6.5	
C. Change your Conversation, Change your Relationship: Moving from hard, painful interactions to courageous communication, <i>Herbine-Blank</i>	6.5	
D. Shame and Worthlessness: The Drivers of Our Parts Extremes, <i>Schwartz</i>		6.5
Plenary: IFS Goes to School - Supporting Self-Led Teachers to Welcome All Their Students Parts, <i>Cohen, Curry-Sartori, Nelson, Tansi</i>		1.5
101/201 Intention and Transformation: IFS, Guides and the Power of the Circle, <i>Yeats, Vallee, Littlefield, and Jaeger</i>		6
102. Improvisation: The Art of the Moment, <i>Giardella</i>	3	
103. IFS Approaches to Anxiety, Depression and Shame, <i>Elkin and Sinko</i>		3
104. Making IFS User-Friendly, Deep & Fun for Groups Using Relational Creative Arts! <i>Glasser</i>	1.5	1.5
105. Helping Couples to Courageously Communicate About Their Sexual Intimacy, <i>Wonder and Prokopolis</i>		3
106. Deepening the Home Group Experience; Building Confidence and Competence in Helping Others Speak For Their Parts, <i>Dubin</i>	1.5	1.5
107. Anchoring to Core Intention: A Way to Create Positive Trailheads, <i>Hurwich and West</i>	3	
108. Our Voices, Our Selves, <i>Hosseini</i>	3	
109. Deepening IFS using Sandtray: Unblending and Unburdening Parts of Parts with Miniatures, <i>Dawson</i>		3
110. All Voices Welcome: Accessing Creativity and Connection through Community Singing and Reflective Writing, <i>Lundeberg</i>		3
111. Parts in White People Associated with Conversations about Race: Using IFS to Understand White Fragility, <i>Seewaldt</i>		3

202. Relationship and the Brain: Neuroscience and IFIO, <i>Anderson and Herbine-Blank</i>		3
203. The Power of Parts-Art, <i>Rose</i>		3
204. Compassionate Mediation® - A Transformation Process for Conflict Resolution for Therapists (<i>and Coaches, Clergy, Mediators and Attorneys.</i>) <i>Kroll</i>	1.5	1.5
205. The Gifts of Our Exiles: Reconnecting with our True Selves, <i>Neustadt</i>		3
206. Angels in Disguise: Exploring a Spiritual Framework from which to Understand and Access the Mystical Nature of Parts, <i>Stern</i>		3
207. Looking at Conspiracy Theories through an IFS Lens, <i>Dallal-Ferne</i>		3
208. An IFS Community Approach to Integrating IFS into Medical Education, <i>Lukas</i>		3
209. Exploring the Story of Stillness, <i>Dana</i>		3
210. Memory Reconsolidation: Amplifying the brain's own processes to heal and make whole through IFS, <i>d'Orsogna</i>		3
211. Working with Groups of Parts - What to do When More than One Part Shows Up, <i>Cohen</i>		3
212. Internal Family Systems (IFS) & Expressive Art Therapy: Introducing the Journey through Collage & Clay, <i>Kolodny and Mazero</i>		3
213. Out of the Shadows, <i>Young</i>		3
Saturday Plenary: What Can IFS DO with Schizophrenia? <i>Schwartz and Medeiros</i>		1.5
301/401 "I can't believe I just said that!" Finding Self when encountering diversity, <i>Agate</i>		6
302/402 Aligning the Inner System: Fundamentals of IFS-inspired Coaching, <i>Jaudon and Tansi</i>	6	
303. From Tears to Transformation: IFS and the Journey of Parenting, <i>Anderson</i>		3
304. Creative Strategies and Exercises to Help Your Clients Unblend, <i>Tomala and O'Connor</i>		3
305. Deepening Partners' Attachment with Therapeutic Warmth and Self-Led Touching in IFIO Couples Therapy, <i>Rosenberg and Zoldan</i>		3
306. Integrating IFS into A 12 Step Process for Long-lasting Recovery from Addiction, <i>Nygaard</i>		3

307. Accessing Self for the Therapist and Clients, <i>Kelly</i>	3
308. IFS and EMDR: Synthesizing Two Transformative Modalities, <i>Medeiros and Jaeger</i>	3
309. Is Gender a Part? <i>Wildes</i>	3
310. Suffering, Straying, or Sanctimonious? How to identify and work with religious parts in therapy, <i>Alison Cook</i>	3
311. Warning! Reflections in this mirror may be distorted by your inner critic, <i>Dugan Richards</i>	3
312. Using IFS in Work with Refugees from the Middle East, <i>Holmes</i>	3
313. Navigating Scarcity Mindset in a Culture of Never Enough: Personal and Professional Practices for Wholehearted Living through the Integration of The Daring Way™ + Internal Family Systems, <i>Ching</i>	3
403. Befriend and Transcend Your Sexual Story: Welcoming Sex Parts for Increased Self-Energy, Pleasure, and Healing , <i>Rich</i>	3
404. Applying IFS to Psychotherapy Groups: Helping Groups Connect and Heal Through the Use of the 6F's and Compassionate Witnessing, <i>Richmond</i>	3
405. Internal Collective Unburdening of Complex Trauma, <i>Einhorn</i>	3
406. What (the) F am I'm Doing? <i>Sollenberger</i>	3
407. Documenting Medical Necessity and Preventing Legal Nightmare, <i>Rontal and Schopick</i>	3
408. Class Matters: Exploring the healing potential of IFS as a model serving those burdened by economic distress, <i>Knott</i>	3
409. "I Used to Be Indecisive, Now I'm Not Sure" - Treatment of OCD using IFS Therapy, <i>Fox</i>	3
410. Bringing the Brain into IFS: Integrating Neurofeedback and the IFS Model, <i>Houy</i>	3
411. Shapeshifting Our Relationships through Somatic IFS, <i>Matarese and Unger Riepe</i>	3
412. Visioning Personal and Collective Spirituality and Justice with Adult Play in Sand Tray, <i>Walsh</i>	3
413. Self-Compassion - A Soft Place to Connect, <i>Redmond and Mason</i>	3