

# 2018 IFS ANNUAL CONFERENCE

## Daily Menu

### Thursday's Menu

#### Breakfast

Build Your Own Breakfast Sandwich

Bacon, Scrambled Eggs, Sliced Cheese, Buttermilk Biscuits

Assorted Flavored Yogurts

Steel Cut Oatmeal

Brown Sugar, Chopped Walnuts, Raisins, Dried Cranberries, Shredded Coconut, Sliced Bananas, Whole Milk, 2%Milk

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas

#### Plated Lunch

Mixed Filed Green Salad with Grape Tomatoes, Cucumber and Assorted Dressings

Grilled Chicken Breast with Sun Dried Tomato Demi

Risotto, Butternut Squash and Steamed Broccoli

Chef's Choice Dessert

#### All Day Coffee, Tea, Water Service

\*All food items are subject to change without notice



# 2018 IFS ANNUAL CONFERENCE

## Daily Menu

### Friday's Menu

#### Breakfast

Cage Free Scrambled Eggs

Seasonal Whole Fruit

French Toast

Steel Cut Oatmeal

Brown Sugar, Chopped Walnuts, Raisins, Dried Cranberries, Shredded Coconut, Sliced Bananas, Whole Milk, 2%Milk

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas

#### Buffet Lunch

Chef's Soup Creation

American Field Green Salad

Pasta Salad, Potato Salad

Platter of Roasted Turkey Breast, Rare Roast Beef, Hardwood Smoked Ham

Fire Roasted Vegetables

Assortment of Sliced Domestic and Imported Cheeses

Tomatoes, Red Onion, Dill Pickles, Lettuce

Imported Mustards, Herb Mayonnaise

Artisan Breads and Rolls

Chef's Choice Dessert

All Day Coffee, Tea, Water Service

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# 2018 IFS ANNUAL CONFERENCE

## Daily Menu

### Saturday's Menu

#### Breakfast

Farm Fresh Scrambled Eggs and home Made Potatoes

Seasonal Whole Fruit

Steel Cut Oatmeal

Brown Sugar, Chopped Walnuts, Raisins, Dried Cranberries, Shredded Coconut, Sliced Bananas, Whole Milk, 2%Milk

Make Your Own Yogurt Parfait with Granola

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas

#### Buffet Lunch

Corn Chowder Soup

Split Pea Soup

Romaine Lettuce, Field Greens, Arugula Leaves,

Kalamata Olives, Sliced Red Onion, Grape Tomatoes, Crisp Cucumbers, Crumbled Blue Cheese, Shaved Parmesan, Hard Boiled Eggs, Sunflower Seeds, Crispy Fried Onions, Garlic Croutons

Grilled Salad Toppers:

Rosemary Garlic and Lemon Marinated Chicken Breast, Tofu and Grilled Vegetables

Chef's Choice Dessert

#### All Day Coffee, Tea, Water Service

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