

# WORKSHOP SELECTION GUIDE

## Thursday, September 26

### Preconference Institute, 9:00 a.m.–4:30 p.m.

- A. One Couple, Four Protocols, *Palmer, Lingren, Drouilhet, Zoldan*
- B. Who Comes? Parts and Self in the Bedroom, *Rich*
- C. Healing Developmental Trauma, *Fay*
- D. IFS as Potential Treatment for Physical Illness, *Schwartz, Ranken, Lukas*
- E. Building Confidence and Competence: Honing Skills for More Mastery as a Program Assistant, *Dubin*

## Friday, September 27

### Full-Day Workshop, 10:00 a.m.–5:30 p.m.

- 101 Intention and Transformation, *Yeats, Vallee, Littlefield, Jaeger*

### Friday Morning Workshops, 10:00 a.m.–1:00 p.m.

- 102 The Legacy of Addiction, *Kruger, Falconer*
- 103 Not All Parts Get Adopted, *Mackechney*
- 104 Integrating IFS into EMDR, *Bravman*
- 105 Getting Creative with Parts, *Ferentz*
- 106 Working with the Scary Stuff, *Elkin*
- 107 All Genders Welcome, *Chang, Paulus*
- 108 The Midlife Voyage to Transformation, *Daniell*
- 109 IFS and Open Space, *Martins*
- 110 Whose Side Am I On? *Warren*
- 111 Cataloging and Unburdening Complex Trauma, *Glass, Einhorn*
- 112 Should I Stay or Go? *Kroll*
- 113 Exploring Parts Related to Religion and Spirituality, *Cox, Staley*
- 114 Retirement or Rewirement? *Johnston*

### Friday Afternoon Workshops, 2:30 – 5:30 p.m.

- 201 ADHD Group Therapy, *Shilliday*
- 202 Shame and Self-Forgiveness, *Herbine-Blank*
- 203 The Gifts of Our Exiles, *Neustadt*
- 204 Does Money Have a Self? *West, Hurwich*
- 205 Spiritual and Religious Parts, *Honeycutt*
- 206 Writing for Our Parts, *Miller*
- 207 Parts in White People That React When Confronted with Racism, *Seewaldt*
- 208 Transpersonal Parts Work, *Talmor*
- 209 Parts vs. Self, *Pastor*
- 210 Self-Led Clinical Supervision, *Reed, Wooten, Dubin*
- 211 Shapeshifting Our Relationships Through Somatic IFS, *Matarese, Unger-Riepe*
- 212 The Communicating Body in IFS, *Aufderhar*
- 213 (Almost) Everyone Experiences Addictive Processes, *Sykes*

## Saturday, September 28

### Saturday Morning Workshops, 10:00 a.m.–1:00 p.m.

- 301 Direct Access, *Booth*
- 302 You-Turn to Return, *Curtis, Crossen*
- 303 SoulFreedom™ for Healers, *Glasser*
- 304 Our Voices, Our Selves, *Hosseini*
- 305 Heart Lessons of the Journey, *Sykes*
- 306 Utilizing IFS with Individuals and Families Affected by Autism Spectrum Disorder, *Huckabee*
- 307 Graduate Students' Stories, *Morgan*
- 308 IFS Through the Lens of Shamanism, *Farley*
- 309 Exploring Shame within the Culture, Ourselves, and Clients, *Diyankova, Stevens*
- 310 IFS Is a Relational Model of Therapy, *Stern*
- 311 In Living Color, *Ziegler*
- 312 Client Suicide Happens, *Torgerson*
- 313 When Humans Are Dangerous, *Halsten*
- 314 Harnessing the Power of Vicarious Resilience, *Carroll*

### Saturday Afternoon Workshops, 2:30 – 5:30 p.m.

- 401 Revising Relationships Through Resonance, *McConnell*
- 402 IFS: Highway to Hell or a Way Back Homeward, *Steege*
- 403 A Journey Through the 12 Steps of Recovery, *Nygaard*
- 404 The Knowing Field, *Jaudon, Dornberger*
- 405 Mature IFS Therapists 65 and Over, *Omin*
- 406 A Task Analysis of Working with an Exile in IFS, *Welch, Blow, Timm, Van Boxel*
- 407 How Sexual Trauma Impacts Couples' Ability to Be Safely Intimate, *Wonder*
- 408 The Art and Science of Unblending Parts, *Taeubert*
- 409 Michi's "Drop" Techniques, *Rose*
- 410 Using IFS to Heal Ancient Wounds, *Sayen, Plamondon*
- 411 IFS Healing with Expressive and Creative Arts, *Weinstock, Willis*
- 412 Using Sandtray Therapy to Connect Self to Parts, *Spaulding*
- 413 Sculpting Polarized Parts in Couples with Insecure Attachment Patterns, *Schneider, Solaro*

### Saturday Evening Workshops, \*see brochure for schedule\*

- 501 Circling as a Path to Self-Energy, *Sjoberg*
- 502 Tai Chi Chuan and IFS, *Medeiros*

## Continuing Education

CE credit from boards may vary for some workshops.

For more information, visit:  
[selfleadership.org/2019-annual-conference-edu-credits.html](http://selfleadership.org/2019-annual-conference-edu-credits.html)  
for the most up-to-date details.

# ATTENDEE REGISTRATION FORM

## Registration

Please use one form per person. Check the appropriate boxes. Complete the two-page registration form in its entirety.

	Early Bird	Postmarked after Aug. 3
<input type="checkbox"/> Preconference	\$259	\$285
<input type="checkbox"/> Program Assistant Workshop	\$150	\$150
<input type="checkbox"/> Friday	\$259	\$285
<input type="checkbox"/> Saturday	\$259	\$285
<input type="checkbox"/> Full Conference Discount Package:	\$740	\$805
* Workshop E is not included; please select daily rate.		

**Registration Fee Subtotal: \$** \_\_\_\_\_

## Special Rates and Discounts Available Online Only

Full-time students, volunteers, 2018–2019 Level 1 graduates, IFS Lead and Assistant Trainers

**Registration Fee Total: \$** \_\_\_\_\_

*\*Registration is incomplete without payment*

## Payment

Checks are payable to: **The Center for Self Leadership**  
Payment by credit card (Visa, MasterCard & Discover) is available.

\_\_\_\_\_  
Cardholder's Name

\_\_\_\_\_  
Card Number

\_\_\_\_\_  
Expiration Date

\_\_\_\_\_  
Billing Address

\_\_\_\_\_  
Billing State

\_\_\_\_\_  
**Billing** Postal Code

\_\_\_\_\_  
Cardholder's Signature \*Your card will not process without the correct postal code.

## Workshop Selections

If you are registering after August 3, please select a second-choice workshop. Workshop selections are assigned in the order that registrations are received.

**Preconference Institute** **9:00 a.m.–4:30 p.m.**

Workshops #A–E

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Friday Morning** **10:00 a.m.–1:00 p.m.**

*\*Please note: Workshop 101 only is a FULL-DAY workshop.*

Workshops #101–114

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Friday Afternoon** **2:30 p.m.–5:30 p.m.**

*\*Please note: Workshop 101 above is a FULL-DAY requirement.*

Workshops #201–213

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Friday Evening events are OPEN to all attendees.  
However, preregistration helps us prepare!**

- IFS Sangha Experience
- Align Yourself Yoga
- Foundation Community Event
- Everett Company's *Good Grief*

**Saturday Morning** **10:00 a.m.–1:00 p.m.**

Workshops #301–314

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Saturday Afternoon** **2:30 p.m.–5:30 p.m.**

Workshops #401–414

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Saturday Evening** *See brochure schedule*

Workshops #501–502

First Choice \_\_\_\_\_

**Saturday Evening events are OPEN to all attendees.  
However, preregistration helps us prepare!**

- IFS Sangha Experience
- Kundalini Yoga
- Upliftment, Songs, and Stories
- Closing Ceremony / Dance Party

# ATTENDEE REGISTRATION FORM

## Special Requests

Please make any special accommodation requests in advance, including any food allergies, so the hotel may plan accordingly.

- Gluten-free meals
- Vegetarian meals
- Vegan meals

Find a ride. Share a room.

- Please add my name to the room-sharing list

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## Attendee Information

Name

Address

City, State and Zip

Country

Email Address

Daytime Phone Number

Number of years attending the IFS Conference

First conference? What inspired you to register this year?

**Registration Confirmation:** You will receive a confirmation email once your registration is processed. If you do not receive an email within 2 weeks, your registration might not have been received. You should contact [Ashley@selfleadership.org](mailto:Ashley@selfleadership.org) to confirm at this time.

**Registration Cancellation Policy:** Cancellations made by September 7 at 11:59 p.m. EST will be charged a \$50.00 handling fee. All cancellations must be submitted in writing to Ashley Curley at the Center for Self Leadership. No refunds or credits will be given after this time.

## REGISTRATION OPTIONS

*\*Registration is incomplete without payment.*

*Workshops will not be assigned until payment is provided.*

### **Mail this form with payment to:**

The Center for Self Leadership  
ATTN: Ashley Curley  
P.O. Box 3969, Oak Park, IL 60303

### **Fax this form with credit card information to:**

The Center for Self Leadership  
ATTN: Ashley Curley  
708-383-2399

### **Online registration is encouraged:**

Please visit [www.selfleadership.org](http://www.selfleadership.org)

*Online registration is the fastest, guaranteed way to register!*

## **REGISTER EARLY and SAVE!**

Early Bird Deadline August 3rd

