

Menu

November 13, 2014
IFS Pre-Conference Menu



Breakfast

Assorted Flavored Yogurts
Sliced Breakfast Breads
Assorted Muffins with Butter and Preserved
Seasonal Whole Fruits
Gluten/Vegetarian/Vegan Ask Your Server*

Lunch Buffet

Mixed Green Field Salad
Stuffed Breakfast of Chicken
Fire Roasted Red Pepper, Fresh Mozzarella Cheese
Seasonal Vegetables
Rolls and Butter
Gluten/Vegetarian/Vegan Available Upon Request
...Please ask your server

Also Included in Your Registration

All Day Coffee/Tea/Water Service
Two Snack Breaks



Menu

November 14, 2014
IFS Conference



Breakfast

Make Your Own Yogurt Parfait
Pancakes with Warm Maple Syrups
Sliced Breakfast Breads
Assorted Muffins
Seasonal Whole Fruits

Gluten/Vegetarian/Vegan* Ask Your Server

Lunch Buffet

Chef's Soup of the Day
Specialty Sandwiches:
Fire Roasted Vegetable with Hummus on Herb Focaccia Bread
Romano Crusted Chicken Breast, Sliced Tomato, Crisp Arugula, Sour Dough Bread
Housemade Garlic Parmesan Chips

Gluten/Vegetarian/Vegan Available Upon Request

Also Included in Your Registration

All Day Coffee/Tea/Water Service
Two Snack Breaks



Menu

November 15, 2014
IFS Conference Menu



Breakfast

Scrambled Eggs and Potatoes

Irish Oatmeal, Steel Cut with Brown Sugar and Raisins

Seasonal Whole Fruits

Gluten/Vegetarian/Vegan Ask Your Server*



Lunch Buffet

Chef's Soup of the Day

Gemelli Pasta with vegetables and Marinara Sauce

Grilled Chicken with Wild Mushrooms, Walnut and Leek
Stuffing laced with a Balsamic-Thyme Demi Glace

Seasonal Vegetables

Rolls and Butter

Gluten/Vegetarian/Vegan Available Upon Request

...Please ask your server



Also Included in Your Registration

All Day Coffee/Tea/Water Service

Two Snack Breaks



Menu

November 16, 2014
IFS Pre-Conference Menu



Breakfast

Assorted Flavored Yogurts
Sliced Bagels with cream cheese, butter and preserves
Build Your Own: Bacon, Egg and Cheese Biscuit
Seasonal Whole Fruits
Gluten/Vegetarian/Vegan Ask Your Server*

Lunch Buffet

Chef's Soup of the Day
Cesar Salad
Parmesan Chicken and Penne Pasta with Marinara
Seasonal Vegetables
Rolls and Butter
Gluten/Vegetarian/Vegan Available Upon Request
...Please ask your server

Also Included in Your Registration

All Day Coffee/Tea/Water Service
One Morning Snack Break

