

Central Connecticut Level 2 (2018-2019) (# 538)

Location:

Central Connecticut State University
New Britain, CT

Schedule:

Weekend #1 - September 14 - 16, 2018 - Advanced Review (Ann Sinko)

Weekend #2 - November 2 - 4, 2018 - IFS & Trauma (Michael Elkin)

Weekend #3 - February 1 - 3, 2019 - IFS & Larger Systems (Ralph Cohen)

Weekend #4 - April 22 - 24, 2019 - Self of the Therapist/Spirituality (Ann Sinko)

Fees:

Professionals: \$2,900 (payment plan available)

Trainers:

Lead Trainers:

Ralph Cohen, PhD, LMFT

Ann Sinko, LMFT

Michael Elkin, M.A.

Trainers Biographies (See attached brochure)

Ralph Cohen, PhD, LMFT is a Professor in the Department of Counseling and Family Therapy at Central Connecticut State University where he is director of the Master's program in Marriage and Family Therapy and coordinates the Internal Family Systems Continuing Education Program. He is an Approved Supervisor for the American Association for Marriage and Family Therapy. He is a founding co-editor of the Journal of Self Leadership, an IFS-oriented professional publication. As a licensed psychologist and Marriage and Family therapist, Ralph has a private practice in West Hartford, Connecticut, providing IFS-based therapy for individuals, couples, and families. He is an IFS Lead Trainer.

Michael Elkin, M.A. is founder and director of the Center for Collaborative Solutions in Newton and Salem MA. He has been practicing therapy for over thirty years, and has presented training workshops throughout the US and in many other countries. He has developed innovative ways of understanding and treating addictive and compulsive behavior, and is currently most interested in the building and maintenance of successful relationships. His is the author of *Families Under the Influence*, and several articles. He is an IFS Senior Lead Trainer.

Ann L. Sinko, LMFT has over 20 years of clinical experience and is a licensed Marriage and Family Therapist in Connecticut. She is in private practice and has been teaching as a adjunct Professor in the Marriage and Family Therapy Program at Central CT State University for 16 years. She has integrated IFS theory and technique in all facets of her creative work with families, couples, individuals and groups. She establishes a safe environment in which clients experience unconditional acceptance. She has a background in gestalt therapy and psychodrama and uses sand tray therapy in her work. Ann is passionate about teaching and believes that theory is best integrated though experiential learning. She brings a down to earth, concrete style along with a sense of humor to her teaching. Ann is an IFS Senior Lead Trainer.

Brochure:

View Brochure (See attached brochure)

To Apply: Click on the link to the CCSU Continuing Education registration website for the IFS Level 2 program or copy and paste it into your internet browser:

<https://registration.xenegrade.com/ccsu/courseDisplay.cfm?schID=1086>

Scroll down to the bottom and click on the button to set up a registration account and follow the instructions. You will be asked to create a Username and a password. You will be able to apply to the program and pay the \$100 deposit via credit card. In addition, you will need to submit a resume to the IFS Program Coordinator, Dr. Ralph Cohen at cohenr@ccsu.edu. You may also fax your resume to 860-832-2145. Once you are approved, then we'll add the balance of the fee to your account and set up a payment plan if you wish.

Payment Plan: You may request to set up a payment plan, up to 4 installments. Please contact the Continuing Education coordinator, Judy Ratcliffe at ratcliffejuv@ccsu.edu or call at 860-832-2276 for information regarding payment options.

Once you are accepted you will receive an information packet with details about the program.

Mail items to: Ralph Cohen, Ph.D
IFS Training Coordinator/Lead Trainer.
C.C.S.U.-Counseling & Family Therapy
1615 Stanley Street
New Britain, CT 06050-4010

Fax: 860-832-2145- Attn: Dr. Cohen

Phone: 860-832-2122

E-Mail: cohenr@ccsu.edu

Application Deadline: 8/29/2018

CCSU IFS Coordinator: Ralph Cohen, Ph.D., 860-832-2122, rcohenifs@aol.com

CSL Additional Information:

Please note that CSL is not administrating this training and, in some cases, the FAQs on this website may not apply. The Central Connecticut State University (CCSU) IFS Training Program works closely with CSL to ensure consistency in policies. If you have any questions about this training, please contact Ralph Cohen (see above).

Continuing Education: The IFS Level 2 program at CCSU is a non-credit course (MFTP 620) through the Continuing Education department. CCSU is a regionally-accredited institution of higher education.