

## IFIO Basic Training

...is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, which also includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.



### Lead Trainer

**Judi Zoldan, LICSW (she/her)** has over 30 years of experience working with couples, families and individuals. Certified in Internal Family System Therapy and an IFIO Lead Trainer, she is passionate about helping clinicians deepen their IFS/IFIO skills. Judi integrates psychodynamic, trauma-informed treatment, cognitive-behavioral and body-oriented perspectives into her primary IFS/IFIO focus. She maintains a private practice in Belmont, MA.

### Assistant Trainer

**Maya Hanelin, LICSW (she/her)** is a Certified IFS psychotherapist who has been working with individuals, couples and groups for over 24 years. Having begun her IFS journey over a decade ago, Maya has a tremendous passion for IFS and IFIO. She has a special interest in working with members of LGBTQ+ and multi-cultural communities. Maya is an Assistant Trainer for IFIO and offers consultation internationally. She maintains a private practice in Boston, MA and is dedicated to helping couples navigate their relationship dynamics with equanimity and compassion.



# IFIO Basic Training, IFS Level 2 #1266 - Hybrid

## Location, Training Dates and Times (US Eastern Time Zone)

### Online

Friday, Jan 11 | 9am - 4pm (Preliminary day)

Friday, Jan 17 - Sunday, Jan 19 | 9am - 4:30pm (Module 1)

Friday, Feb 28 - Sunday, Mar 2 | 9am - 4:30pm (Module 2)

### Onsite

Monday, Mar 31 - Thursday, April 3 | 9am - 5pm (Module 3)

Friday, April 4 | 9am - 3pm (Module 3)

### Breaks

(1) 60 long break and (2) 15 minute breaks each day

### Onsite Location

Wylie Center & Tupper Manor at Endicott College in Beverly, MA. Award winning waterfront venue on Boston's North Shore.

### Continuing Education

72.00 Contact Hours | IFS Level 2

### Training Prerequisites

- Completion of IFS-I or CCSU's Internal Family Systems Level 1
- Non or New Practicing Couples Therapists/Practitioners

### Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

Direct all Questions to  
Keri Kelly, IFIO Dir of Training  
Operations  
[intimacyinsideout@gmail.com](mailto:intimacyinsideout@gmail.com)

### Application Process

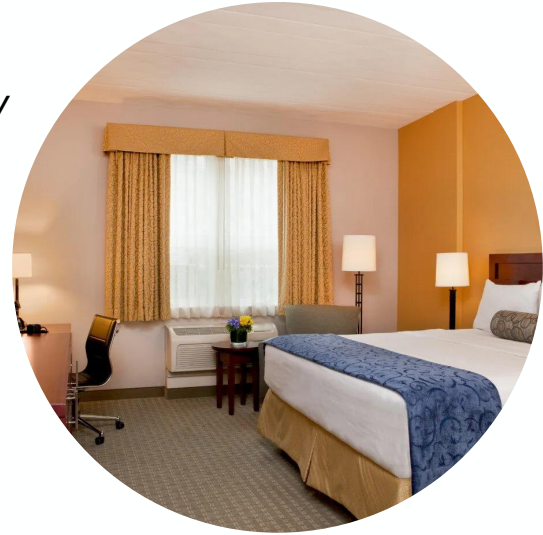
- Complete application [located here](#)
- You will be notified via email from Keri Kelly of your training acceptance within (1) month of your application submission.
- A \$300 non-refundable/non-transferrable deposit will be due within (1) week of acceptance to secure your spot.
- If not accepted, your name will be put on a waiting list + you will be contacted when/if a training spot becomes available.

### IFIO Scholarships

- Training Scholarships are centered on BIPOC therapists, people in marginalized communities, or those who work with marginalized clients. Click here to [apply](#).

## Wylie Center & Tupper Manor at Endicott College

*Home to unparalleled serenity, unique recreational opportunities, and historic sense of place, an award-winning event facilities, offering seaside accommodations on our 10-acre oceanfront property on Boston's North Shore.*



*Spacious guest rooms and suites with direct beach access, complimentary Wi-Fi, and access to our state-of-the-art fitness center.*

[Click link here](#) for property details.

### **Overnight Tuition Package - \$4,500\***

this package will include the following:

- Digital IFIO Basic Training Manual and pre-training content
- Single room accommodations
- Morning & Afternoon refreshments
- Lunch (mon-fri)

*Other meals and other travel-related expenses are not included in tuition.*

### **Tuition Payments & Schedule**

- **Non-refundable/non-transferrable Deposit - \$300** due within (1) week of acceptance to secure your training spot.
- **1st Installment due** - July 12, 2024 - \$2100 (overnight) and \$1750 (commuter)
- **2nd Installment due** - October 12, 2024 - \$2100 (overnight) and \$1750 (commuter)

*\*Tuition Packages reflect additional costs associated with organizing and running the Hybrid training.*

Tuition can be paid at once or in accordance with the aforementioned payment schedule. Locate the training on the [IFIO website](#) and the corresponding Enter Payment portal.

### **Cancellation Policy**

1st and 2nd installments are non-refundable once the due date has passed. Credit or Refunds are at the discretion of IFIO for extenuating circumstances.

**IFIO Absence, IFS CE and Covid Policies - [click here to read policies](#)**

### **Commuter Tuition Package - \$3,800\***

this package will include the following:

- Digital IFIO Basic Training Manual and pre-training content
- Morning & Afternoon refreshments
- Lunch (mon-fri)

*Other meals and other travel-related expenses are not included in tuition.*

# Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training.. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: [instconted@aol.com](mailto:instconted@aol.com).

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

- New York: The Institute of Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY- 0043.

**Counseling:** For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Social Work:** Application for social work continuing education credits has been submitted. This website will be updated regarding accreditation.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board of Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.
- Ohio Board Social Work, Provider RCS 030001
- Illinois Dept. Professional Regulation, Provider 159-000606.

**Marriage-Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

- New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

**Non U.S. Professionals:** The Institute for Continuing Education holds no provider status with licensing/certification boards outside the United States. It is your responsibility to check the regulations of your licensing board to determine CE requirements for your profession.

**NOTE:** To receive continuing education credit, applicants must complete all CE materials within 30- days of conclusion of each workshop segment.

**NOTE:** It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.